



# Gluten Free Menu

www.thesharnbrookhotel.com

Please ensure you inform our team that you require the gluten free option when placing your order as most dishes also feature on our regular a la carte menu.

## Starters

Garlic Mushrooms	£4.95
Special Garlic Mushrooms	£5.95
<i>Oven baked Garlic Mushrooms smothered in Neapolitana sauce with mozzarella topping</i>	
Minestrone Soup	£5.25
Prawn Cocktail with a gluten free Marie Rose sauce	£5.35
Seafood Salad	£7.25
Antipasto Misto	£6.50
<i>Assortment of Italian Prosciutto, Salami &amp; Coppa with Mozzarella and pickled vegetables</i>	
Mozzarella Tricolore	£5.95
<i>Tomatoes, Mozzarella &amp; Avocado drizzled with olive oil</i>	
Prosciutto e Melone	£6.25
<i>Traditional Parma Ham served with Melon</i>	
Avocado with Prawns	£5.95
<i>with a gluten free Marie Rose sauce</i>	
Gluten Free Garlic Doughballs	£2.75
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## Gluten Free Pizza's

Using traditional Brazilian allergy free flours we came up with a thin crust Neapolitan style pizza base

Choose any of our pizzas or make your own from our toppings

Margherita	£7.25
Napoletana Anchovies	£8.25
Quattro Stagione Olives, Ham, Capers & Mushrooms	£8.50
Old Nonno Onions & Pepperoni Sausage	£8.75
Vegeteriano	£8.75
<i>Sweetcorn, Green Peppers, Mushrooms &amp; Onions</i>	
Anna Salami, Mushrooms & Red Chilli's	£8.75
Cappricciosa Egg & Prawns	£9.30
Vesuvio Green Peppers & Pepperoni Sausage	£9.30
Ananasso	£8.75
<i>Ham &amp; Pineapple, also known as 'The Hawaiian'</i>	
Ciro Special Pepperoni Sausage, Salami & Ham...the Italian Meat Feast!	£9.50

## Rice & Risotto Dishes

Risotto Marinara in Bianco	£13.50
<i>King Prawns, Large Green Mussels &amp; Calamari sunken into a garlic butter &amp; olive oil risotto</i>	
Riso Milanese	£7.95
<i>Rice flooded in our delicious Neapolitana Sauce</i>	
Risotto Vegeteriano	£8.50
<i>Rice with Mushrooms, Sweetcorn, Peas &amp; Green Peppers in Neapolitana sauce</i>	
Risotto Piccante	£8.95
<i>Our spicy Risotto with Pepperoni Sausage, Ham, Mushroom &amp; Chilli sunken in our Bolognese ragu</i>	

## Gluten Free Pasta

Spaghetti Aglio, Olio e Peperoncino	£7.75
<i>With garlic, olive oil &amp; chilli</i>	
Fusilli Al Forno	£8.25
<i>Gluten Free pasta spirals baked in our Bolognese sauce with added Mozzarella and egg</i>	
Penne or Spaghetti Napoletana	£7.50
<i>Covered in our special recipe tomato sauce</i>	
Spaghetti Bolognese	£7.95
<i>Covered in our tasty Bolognese ragu</i>	
Spaghetti Carbonara	£7.95
<i>Served in a cream, egg &amp; ham sauce</i>	
Spaghetti Vongole	£8.25
<i>Served in a garlic, clams &amp; Neapolitana sauce</i>	
Spaghetti Vegeteriano	£7.95
<i>Served in our Neapolitana sauce with added onions, black olives, peppers &amp; mushrooms</i>	
Penne Romana	£8.25
<i>Italian macaroni served in our Neapolitana sauce with added tuna &amp; black olives</i>	
Penne Cremonese	£7.95
<i>Italian macaroni served in a cream &amp; Neapolitana sauce with ham</i>	
Penne Paesana	£7.95
<i>Italian macaroni in a delicious mozzarella &amp; Bolognese sauce</i>	
Penne Arrabiata	£8.25
<i>Italian macaroni served in our Neapolitana sauce with added pepperoni sausage &amp; chilli</i>	

## Gluten Free Carne

Sirloin Steak  served with sauté potatoes & salad	£15.95
Bistecca Pizzaiola  Sirloin steak sautéed with Garlic & Spices in a tomato sauce served with sauté potatoes & salad	£15.95
Pollo Alla Valdostana	£14.95
<i>Butterfly breast of chicken baked with ham, mozzarella cheese in a white wine sauce &amp; herbs served with seasonal vegetables &amp; sauté potatoes</i>	
Arrosto di Anatra	£14.95
<i>Fantailed breast of duck with honey sauce served with seasonal vegetables &amp; sauté potatoes</i>	
Branzino Al Forno	£16.95
<i>Oven baked seabass fillets over lyonnaise potatoes with roasted Mediterranean vegetables &amp; sugo pomodoro</i>	
Salmone Al Forno	£14.95
<i>Oven baked fillet of salmon over a bed of asparagus tips in a garlic butter &amp; white wine served with sauté potatoes</i>	
Sogliola Alla Griglia	£21.95
<i>Grilled Dover Sole served with seasonal vegetables &amp; sauté potato</i>	

**TRADITIONAL ROAST PORK,  
CHICKEN, LAMB OR BEEF £8.95  
AVAILABLE ON SUNDAYS**

As our roast potatoes are not coated in flour and our Yorkshire puddings are baked to a special Gluten Free recipe you can enjoy all the best bits of a Vesuvio Roast along with lashings of gluten free gravy