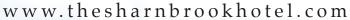


## Gluten Free Menu



Please ensure you inform our team that you require the gluten free option when placing your order as most dishes also feature on our regular a la carte menu.

Starters		Gluten Free Pasta	
Garlic Mushrooms 0	£4.95	Spaghetti Aglio, Olio e Pepperoncino 🕖 😔 🚯	£7.75
Special Garlic Mushrooms 🕖	£5.95	With garlic, olive oil & chilli	
Oven baked Garlic Mushro <mark>oms smo</mark> thered in Napoletana		Fusil <mark>li Al F</mark> orno	£8.25
sauce with mozzarella topping	CE DE	Glut <mark>en Free pa</mark> sta spirals baked i <mark>n our Bol</mark> ognese sauce with	
Minestrone Soup <b>1</b> South Minestrone Soup <b>2</b> South Minestrone Soup <b>2</b> South Minestrone Soup <b>3</b> South Minestrone Minestron	£5.25 £5.35	added Mozzarella and egg	a= =0
Seafood Salad 🔗	£7.25	Penne or Spaghetti Napoletana 🕖 😔 🚯	£7.50
Antipasto Misto	£6.50	Cov <mark>ered i</mark> n our special recipe to <mark>mato</mark> sauce	CTOF
Assortment of Italian Prosc <mark>iutto,</mark> Salami & Coppa with		Spaghetti Bolognese 🤣	£7.95
Mozzarella and pickled vegetables		Covered in our tasty Bolognese ragù	£7.95
Mozzarella Tricolore 2	£5.95	Spaghetti Carbonara	£7.95
Tomatoes, Mozzarella & Avocado drizzled with olive oil Prosciutto e Melone	£6.25	Served in a cream, egg & ham sauce Spaghetti Vongole   →	£8.25
Traditional Parma Ham served with Melon	£0.23	Served in a garlic, clams & Napoletana sauce	20.23
Avocado with Prawns	£5.95	Spaghetti Vegeteriano 🕖 🔗 🚱	£7.95
with a gluten free Marie Rose sauce		Served in our Napoletana sauce with added onions, black olives,	27.50
Gluten Free Garlic Doughballs 🕖	£2.75	peppers & mushrooms	
Gluten Free Doughballs 0	£2.25	Penne Romana 🔗	£8.25
		Italia <mark>n m</mark> acaroni served in our N <mark>apo</mark> letana sauce with added tu	ına &
Gluten Free Pizza's		black olives	
Using traditional Brazilian allergy free flour		Penne Cremonese	£7.95
we came up with <mark>a thin cru</mark> st Neapolitan s <mark>tyle pizza b</mark> ase		Ita <mark>lian macar</mark> oni served in a c <mark>ream &amp; Na</mark> poletana sauce w <mark>ith h</mark>	am
Choose any of our piz <mark>zas or m</mark> ake your own fro <mark>m our to</mark> ppings		Penne Paesana	£7.95
Margherita 0	£7.25	Italia <mark>n maca</mark> roni in a delicious m <mark>ozzarel</mark> la & Bolognese sauc <mark>e</mark>	
Napoletana Anchovies	£8.25	Penne Arrabiata	£8.25
Quattro Stagione Olives, Ham, Capers & Mushrooms	£8.50	Italian macaroni served in our Napoletana sauce	
Old Nonno Onions & Pepperoni Sausage	£8.75 £8.75	with added pepperoni sausage & chilli	
Vegeteriano <b>W</b> Sweetcorn, Green Peppers, Mushrooms & Onions	£8./3		
Anna Salami, Mushrooms & Red Chilli's	£8.75	Gluten Free Carne	
Cappricciosa Egg & Prawns	£9.30		C1 F OF
VesuviO Green Peppers & Pepperoni Sausage	£9.30	Sirloin Steak served with sautée potatoes & salad	£15.95
Ananasso	£8.75	Bistecca Pizzaiola Sirloin steak sautéed with Garlic	£15.95
Ham & Pineapple, also known as 'The Hawaiian'	60.50	& Spices in a tomato sauce serve <mark>d with s</mark> autée potatoes & salac Pollo Alla Valdostana	£14.95
Ciro Special Pepperoni Sausage, Salami & Hamthe Italian Meat Feast!	£9.50	Butte <mark>rfly breast</mark> of chicken baked w <mark>ith ham, m</mark> ozzarella cheese in <mark>a w</mark>	
		sauce & herbs served with seasonal vegetables & sautée potatoes	mue wine
Rice & Risotto Dishes		Arrosto di Anatra 🔗	£14.95
Risotto Marinara in Bianco	£13.50	Fantailed breast of duck with honey sauce served with seasonal	
King Prawns, Large Green Mussels & Calamari sunken		veget <mark>ables</mark> & sautée potatoes	
into a garlic butter & olive oil risotto		Branzino Al Forno 😔	£16.95
Riso Milanese Ø 🔗 🚱	£7.95	Ov <mark>en baked sea</mark> bass fillets ove <mark>r lyonnaise</mark> potatoes with ro <mark>asted</mark>	
Rice flooded in our delici <mark>ous Napo</mark> letana Sauce		Mediterranean vegetables & sugo pomodoro	
Risotto Vegeteriano 🕖 🔗 🚯	£8.50	Salmone Al Forno	£14.95
Rice with Mushrooms, Sweetcorn, Peas & Green Peppers		Oven <mark>baked f</mark> illet of salmon over <mark>a bed of</mark> asparagus tips in a	
in Napoletana sauce	CO OF	garli <mark>c butter &amp;</mark> white wine serve <mark>d with sa</mark> utée potatoes	
Risotto Piccante Our spicy Risotto with Pepperoni Sausage, Ham, Mushroo	£8.95	Sogliola Alla Griglia	£21.95
sunken in our Bolognese ragù	ın & Chilli	Gril <mark>led D</mark> over Sole served with <mark>season</mark> al vegetables & sautée <mark>pot</mark>	atoe
outher in our bowx nest ruxu			

TRADITIONAL ROAST PORK, CHICKEN, LAMB OR BEEF £8.95 AVAILÁBLE ON SUNDAYS

As our roast potatoes are not coated in flour and our Yorkshire puddings are baked to a special Gluten Free recipe you can enjoy all the best bits of a VesuviO Roast along with lashings of gluten free gravy



