Good Morning, please help yourself to:

Juice – Orange or Apple

Cereals - We have the usual favourites – plus we always have Gluten Free cereals too, please just ask if they aren't on the table. If you are dairy free and would like whole bean Soy Milk, please just ask.

Muesli - Dorset muesli or Home Made when available - try it with milk or yoghurt and fruit. Gluten Free available too.

Yoghurt - A selection of fruit and plain yoghurts.

Poached Fruits or Red Berries

A Full Belfry, or your choice of fried bread, bacon, sausage, egg, tomatoes, mushrooms and beans:

Egg - Roger's hens at Blackhayes Farm, Stockland are superb. Free-range and served either lightly fried, poached (not with vinegar…) or scrambled.

Dry Cured Back Bacon - Barleymows Farm Shop or Greendale Farm Shop, Woodbury Salterton.

Sausage – Barleymows Farm Shop or Greendale Farm Shop, Woodbury Salterton.

Mushrooms – oven roasted button mushrooms.

Tomato - Oven-roasted tomatoes in a small amount of olive oil.

Beans - Heinz – of course!

Fried Bread - In duck fat, or olive oil if you prefer

Meat Free Sausages or Gluten Free Sausages

Toast - When you prefer – help yourself to the toaster - at the beginning, the middle or end of breakfast, served with Fathers home-made jams and Seville Marmalade or S-Js three fruit marmalade when available. **GF Toast** is available too – with a separate toaster in the kitchen, please just ask.

Smoked Fish – Try some spectacular kippers or, when available, go for naturally smoked haddock.

Scrambled Egg with Smoked Salmon

Poached Egg with Smoked Salmon on Toast

English Breakfast Tea or a good strong Coffee. A variety of herbal teas are available too.

There may be a short wait for breakfast as it is individually cooked to order.

If you suffer from a food allergy or intolerance, please let us know upon placing your order.
Every care is taken to avoid any cross contamination when processing a specific allergen free order.
Allergen data is held on each of our dish ingredients, so please ask should you require any more details.