# Vin-Tealicious Sample Gluten Free Menu

#### Mediterranean breakfast - £9.00

The perfect breakfast for anyone who is feeling the Mediterranean holiday blues feta cheese, olives, fresh tomatoes, cucumber, grilled halloumi, clotted cream, honey, jam, butter, sliced meat served with gluten free warm bread with tea or coffee.

#### Menemen Breakfast - £9.00

A classic Turkish style breakfast, made with eggs, peppers, garlic and fresh herbs. It is not only a great breakfast but also a lovely brunch and is served with warm bread.

Soup of the Day £3.20 a yummy warm soup, made daily using only the freshest sourced ingredients packed with protein, vitamins and nutrition. Please check our soup board for todays soup of the day or ask a member of staff.

Served with warm gluten free bread.

Add on – if a large bowl of soup, isn't what you are looking for you can also add a cup of soup to any of your meals for only £2.00

## Oven baked tattie's £4.00

Fresh oven baked humble potatoes, can be something to have more than just with beans.

They start from £4.00 a range of fillings available and they are all served with fresh salad and butter.

Warm pitta pockets – all our pitta pockets are freshly made with salad and coleslaw. Please choose from the list below for filling options. Starting price – from £4.00. Cheese, spicy cheese and onion, egg and chives, ham, chicken mayo, cheese and ham, tuna mayo, mexican chicken, tuna mayo red onion and cheese humous with roasted peppers tandori chicken and cheese.

**A range of salads available** – Greek Salad £6.20, Warm Halloumi Salad, £6.90 Egg and Beetroot Salad, £6.20, Tuna Salad, £6.50, Warm Chicken Salad, £6.60 Warm Chicken & Halloumi Salad £7.50, Hot Smoked Salmon Salad £7.50.

# Why not try one of our Vin-Tealicious Houmous Experiences

Houmous is made from cooked mashed chickpeas, blended with tahini, olive oil, lemon juice, salt and garlic. Served with carrots, gluten free breadsticks, warm strips of gluten free pitta bread and fresh grapes - £7.90

Humous Cacik grilled halloumi carrot sticks, served with warm gluten free pitta bread – £5.95

Humous fresh grapes, cucumber sticks served with warm gluten free bread – £4.45

Humous carrot sticks, served with warm gluten free pitta bread -£3.95

**Cakes and Bakes £3.50** – the unique experience will never end with us, we also have a yummy selection of homemade cakes, treats every day, as well as catering for gluten free, dairy free, vegan and vegetarians. All our cakes, – our pastries are delicious as mouth-watering as we are happy to say, that we add new recipes frequently- please see the cabinet and cake display for todays selection, or please ask our team who are always happy to help.

Cake slice -£2.70 Tray bake slice -£2.50



## GF afternoon tea choice available at Vin-Tealicious

A fantastic range of coffee options, hot drinks and cold drinks. We also have a superb range of teas from all around the world. Koko or Soya milk is always available for coffee, hot or cold drinks. Hot drinks hot chocolate, deluxe hot chocolate, chai Latte, turkish coffee, sweet mochas, flat white, long black americano, babycino,long macchiato and short macchiato.

**Cold drinks** Fentimans, fizzy Juices, beverage cans, fresh orange juice and experience the amazing Vin-Tealicious milkshakes.

