### Welcome to The White Horse Inn

Rachel, Alison and their team would like to welcome you to The White Horse Inn

Our pub is the oldest on the Isle of Wight dating back to the 15<sup>th</sup> century and we can assure that a warm and friendly welcome awaits you at all times of the year.

Our food is cooked freshly to order and we try to source as many ingredients locally as possible.

Make sure that you take a look at our Daily Specials Board as well as our Homemade Desserts, we hope to cater for all tastes.

Please do not hesitate to ask any member of staff if you require special dietary advice or needs.

(GF) = Gluten Free (V) = Vegetarian

We make every effort to ensure that all dishes are free from bones, however there may still be small bones present in some dishes. Although gluten free dishes contain no gluten, they are prepared in the same environment as other meals, therefore we cannot guarantee that our gluten free meals are suitable for caeliacs. Some dishes may contain nuts.

Our fryers use GM vegetable oil.

# Sunday Roast £8.45 Adults and £6.45 Childs

We use the Finest Meats (Isle of Wight where possible)
served with Homemade Yorkshire Pudding,
Fresh Seasonal Vegetables, Roast and New Potatoes and
Homemade Meat Gravy
Served from 12pm every Sunday until we run out!

Booking advisable, phone 730375

# **Breakfast**

Served daily 10am – 12pm

#### Stallion Breakfast £4.95

One Sausage, one Rasher of Bacon, One Hash Brown, Fried Egg, Mushroom, Beans and Toast

#### Shirehorse Breakfast £6.95

Two Sausages, two Rashers of Bacon, 2 Hash Browns, Two Fried Eggs, Mushroom, Beans and Toast

#### Rocking Horse Breakfast (V) £4.95

One Vegetarian Sausage, 2 Hash Browns, two Fried Eggs, Mushroom, Beans and Toast

#### Pony Breakfast (Kids) 3.95

One Sausage, One Rasher of Bacon, Fried Egg, Beans and Toast

Sausage Sandwich £2.95

Bacon Sandwich £2.95

Sausage and Egg Sandwich £3.95

Bacon and Egg Sandwich £3.95

Fish Finger Sandwich £3.95

Beans on Toast £3.45

Scrambled Egg on Toast £3.45

Tea £1.00 and Coffee £1.50 if ordered with any Breakfast Meal

# **Starters**

Last orders for starters to be made half an hour before the end of service

#### Homemade Thai Spiced Duo of Isle of Wight Crab Cakes £5.95

Served with a Sweet Chilli Dip and Dressed Salad Garnish

#### Traditional Prawn Cocktail (GF without bread) £5.95

Served with Brown Bread and Dressed Salad Garnish

#### Homemade Potato Skins £5.25

Served with a Sour Cream and Spring Onion Dip and Dressed Salad Garnish, choose fillings from:

- Chilli con Carne and Mozzarella (GF)
- Honey Roasted Ham and Cheddar (GF)
- Sweet Red Onion and Cheddar (GF) (V)

#### Creamy Garlic Mushrooms £5.45

Served with a Crusty Roll (Brown or White)

#### Chilli Nachos (GF) £5.45

Homemade Chilli Con Carne, topped with melted Mozzarella, on a Bed of Nachos served with Sour Cream

#### Zingy Oriental Beef £5.95

Asian-style Strips of Beef in a Hot Citrus Sauce with Crispy Noodles

#### Nacho Cheese Bites £5.45

Served with a Sour Cream and Sweet Chilli Dip and Dressed Salad Garnish

#### Chicken Caesar Salad (GF) £5.95

Griddled Chicken Breast lightly coated in our homemade Caesar Dressing, topped with Bacon and served on a bed of Dressed Salad Garnish

#### Soup of the Day (please see the Daily Specials Board) £4.75

Served with fresh Crusty Roll (Brown or White)

#### Barra Gallega (Spanish Rustic Bread) (V)

- Garlic (V) £3.95
- With melted Mozzarella (V) £4.45
- With Pesto and melted Mozzarella (V) £4.95
- With hot Chilli Sauce and melted Mozzarella (V) £4.95

# **Traditional Pub Grub**

#### Homemade Beef Lasagne £9.95 Light Bite £6.95

Traditional Beef Lasagne served with Chips and Dressed Salad

#### Homemade Chilli con Carne (GF) £9.95 Light Bite £6.95

Served with Sour Cream, Grated Cheddar Cheese, Tortilla Chips And a choice of Basmati Rice or Chips

#### Ham, Double Egg and Chips £8.95 Light Bite £5.45

Home Cooked Honey Roasted Ham served with two Godshill Free Range Eggs, Chips and Dressed Salad Garnish

#### Slow Roasted BBQ Pork Belly Ribs £11.95 Light Bite £7.95

Large tender Pork Belly Ribs which have been Slow Roasted for Four Hours, served with BBQ Sauce, Chips and Dressed Salad

#### Sausage and Mash £9.95 Light Bite £6.95

Trio of Isle of Wight Pork Sausages with Onion Gravy, Mashed Potato and Peas

#### Lambs Liver and Bacon £10.45 Light Bite £6.95

Pan Fried Lambs Liver and Bacon with Mashed Potato, Peas and Onion Gravy

All of the below are served with a choice of Chips, Jacket Potato, New Potatoes or Mashed Potatoes and Dressed Salad, Vegetables or Peas

Homemade Shortcrust Steak and Fuggle Pie £10.95 Light Bite £6.95

Made with Isle of Wight Fuggle de Dum Ale and served with Homemade Gravy

#### Medallions of Pork £13.45

Tender Pork Fillet Medallions served with our own Creamy Mushroom and White Wine Sauce

#### Pork Steaks with Apple and Stilton (GF) £12.95

Two succulent 6oz Pork Loin Steaks topped with Apple Sauce and finished with melted Stilton

#### BBQ Chicken and Bacon Melt £12.95

Griddled Chicken Breast topped with Smoked Bacon, BBQ Sauce and finished with melted Mozzarella

#### Peppered Chicken Breast £12.75

Pan fried Chicken served with our own Creamy Brandy and Green Peppercorn Sauce

#### Garlic Chicken (GF) £12.75

Pan Fried Chicken served with a Garlic Butter

# **Steaks**

All of our Steak meals are served with a Field Mushroom,
Tomatoes and Beer Battered Onion Rings,
With a choice of Chips, Jacket, New Potatoes or Mashed Potato and
Dressed Side Salad, Fresh Vegetables or Peas
(All steaks can be Gluten Free, just ask to have no Onion Rings)

8oz Prime Fillet Steak(21 day matured)£20.9510oz Rump Steak(21 day matured)£15.9510oz Sirloin Steak(21 day matured)£17.9512oz Prime Ribeye Steak(21 day matured)£19.95

Add Scampi to any Steak meal to make it a Surf'n'Turf for only £2.95 extra and see our choice of Homemade Sauces and Side Orders at the bottom of the page to compliment your Steak

#### White Horse Mix Grill £16.95

Beef Steak, Chicken Breast, Gammon Steak, Pork Loin Steak, Lamb Chop, Sausage and a Fried Egg

Griddled Gammon Steak (GF without Onion Rings) £12.95 Light Bite £8.95 Topped with any combination of melted Cheese, Pineapple or Fried Egg (have all for no extra charge)

#### Homemade Steak Sauces £2.50

Green Peppercorn and Brandy
Garlic and Herb Butter
Creamy Mushroom and Tarragon

Smokey BBQ Creamy Garlic and Herb Creamy Stilton

#### **Side Orders**

Chips (Small) £1.95
Chips (Large) £2.95
New Potatoes £1.95
Jacket Potato £1.95
Mashed Potato £1.95
Bread and Butter £1.95
Mushrooms £1.95

Onion Rings £2.95
2x Crusty Roll £2.45
Peas/Mushy Peas £1.25
Portion of Vegetables £2.45
Dressed Side Salad £2.45
Poppadoms (x3) £1.95
Baked Beans £1.45

# **Curries and Stir Fries**

All Curries can be spiced to your liking from Mild to Very Hot

Homemade Creamy Chicken Curry (GF without Naan) £10.95 Light Bite £6.95 Tender Chunks of Chicken cooked in our Homemade Curry Sauce, served with Naan Bread, Poppadom and a choice of Basmati Rice or Chips

Homemade Mixed Bean Balti (V) (GF without Naan) £9.95 Light Bite £6.95

Mixed Beans in a homemade Balti Sauce and served with

Naan Bread, Poppadom and a choice of Basmati Rice or Chips

#### **Homemade Green Thai Curry**

Green Thai Paste made by ourselves and Curries freshly cooked to order, All served with either Basmati Rice (or Egg Noodles) and Prawn Crackers with a choice of:

- Vegetable (GF without Noodles) (V) £9.95
- Chicken Breast Strips (GF without Noodles) £12.95
- King Prawn and Vegetable (GF without Noodles) (V) £14.95
- Chicken Strips and King Prawn (GF without Noodles) £14.45

#### Homemade Stir Fry

All cooked fresh to order using either our own Sweet and Sour or Sweet Chilli Sauce and Stir-Fried Vegetables served with Basmati Rice and Naan Bread,

with a choice of:

- Vegetable (GF without Naan) (V) £9.95 Light Bite £6.95
- Chicken Breast Strips (GF without Naan) £12.45 Light Bite £8.45
  - King Prawn (GF without Naan) £13.95 Light Bite £8.95

Spicy Rump Steak Beef Stir Fry (GF without Naan) £13.95 Light Bite £9.45

Strips of Isle of Wight Beef Rump Steak served with Stir-Fried Vegetables, finished with a Sweet Chilli Sauce, served with Basmati Rice and Naan Bread

# **Seafood Dishes**

#### Homemade Fishermans Pie £10.95

Fresh Cod, Salmon, Prawn and Smoked Haddock in a Creamy White Wine and Dill Sauce topped with a Mature Cheddar Cheese Mash and served with a Crusty Roll and Dressed Salad

#### Fresh Beer Battered Cod Fillet £10.95 Light Bite £7.45

Cod Fillet fried in our own Beer Batter, served with Chunky Chips and a choice of Peas, Mushy Peas or Dressed Salad

#### Breaded Wholetail Scampi £9.95 Light Bite £6.95

Premium Wholetail Scampi served with Chunky Chips and a choice of Peas, Mushy Peas or Dressed Salad

#### Crab and Prawn Mornay £11.95

Isle of Wight Crab and Prawns in a Mornay Sauce topped with Cheese and served with a Caesar-Style Salad and Fresh Crusty Rolls

#### Sweet Chilli Salmon £13.45

Fresh Salmon Fillet served on a bed of Stir Fry Vegetables and Noodles finished with a Sweet Chilli Sauce served with Prawn Crackers

All of the dishes below are served with a choice of Chips, Jacket, New Potatoes or Mashed Potatoes and Fresh Vegetables, Dressed Salad or Peas

#### Fresh Cod Fillet (GF) £12.95

Simply oven baked in its own juices finished with a Lemon and Parsley Butter

#### Homemade Smoked Haddock and Spring Onion Fishcakes £13.45

Duo of Fishcakes served with a Creamy Mornay Sauce

#### Salmon Fillet with Crab and Prawns £13.95

Fresh Salmon Fillet served with our own Creamy Isle of Wight Crab and Prawn Sauce

As with all our dishes, we try to source the best seasonal ingredients, therefore fresh Fish dishes are all subject to availability. Please see our Special Board for any additional Fish Dishes that may be available.

# **Vegetarian Dishes**

#### Homemade Spicy Bean Burger (V) £9.95

Our own Bean Burger served in a Toasted Bun topped with Salsa, served with Chunky Chips and Dressed Salad

#### Homemade Garlic Mushroom and Stilton Puff Tart (V) £10.95

Freshly cooked Puff Pastry filled with Creamy Garlic Mushrooms with Spinach, finished with Melted Stilton, Served with a choice of Chips, Jacket, New Potatoes or Mashed Potatoes and Fresh Vegetables, Dressed Salad or Peas

#### Homemade Macaroni Cheese (V) £9.95 Light Bite £6.95

Al dente Macaroni Pasta served traditionally with our own Creamy Cheddar Cheese Sauce with Crusty Roll and Dressed Salad

#### Homemade Tandoori Halloumi Skewers (V) £10.95

Tandoori Halloumi Skewers served with Basmati Rice and a Mango and Avacado Salsa

#### Mixed Vegetable Stir Fry (GF without Naan) (V) £9.95 Light Bite £6.95

Stir-fried Vegetables served with Basmati Rice and Naan Bread with a choice of:

- Sweet Chilli Sauce
- Sweet and Sour Sauce

#### Homemade Thai Green Vegetable Curry (V) (GF) £9.95

Green Thai Vegetable Curry served with Egg Noodles (or Rice) and Prawn Crackers

#### Homemade Vegetarian Lasagne (V) £9.95 Light Bite £6.95

A vegetarian version of the Traditional Lasagne served with Chunky Chips and Dressed Salad

#### Homemade Mixed Bean Balti (V) (GF without Naan) £9.95 Light Bite £6.95

Mixed Beans in a homemade Balti Sauce and served with Naan Bread, Poppadom and a choice of Basmati Rice or Chips

# Isle of Wight Burgers

All served with Chunky Chips and Dressed Salad Garnish

#### Isle of Wight Burger £8.95

Made from Isle of Wight lean ground Beef served in a Toasted Bun

Add any of the following to your Burger for an extra £1.00 per topping:

Smoked Bacon, melted Cheese, Stilton, Pineapple, Fried Egg, BBQ Sauce, Hot Chilli Sauce

#### Isle of Wight Chilli con Carne Burger £10.45

Made from Isle of Wight lean ground Beef topped with Homemade Chilli con Carne and finished with melted Cheese served in a Toasted Bun

#### The White Horse Burger £12.95

Two 8oz Isle of Wight Burgers topped with Smoked Bacon, Onion Rings, finished with melted Cheese and served in a Toasted Bun

#### Southern Fried Chicken Burger £10.95

Breaded Chicken Breast served in a Toasted Bun with a Pot of Garlic Mayo

# **Jacket Potatoes**

All served with Dressed Salad Garnish and Butter

Baked Beans (GF) (V) £5.45

Mature Cheddar Cheese (GF) (V) £5.45

Mature Cheddar Cheese and Baked Beans (GF) (V) £6.45

Smoked Bacon and Mature Cheddar Cheese (GF) £6.95

Prawn Marie Rose (GF) £7.95

Homemade Chicken Curry (GF) £7.95

Homemade Chilli con Carne (GF) £7.95

# Salads

Chicken and Bacon Caesar served with New Potatoes (GF) £11.95 Crab and Prawn (when available) served with New Potatoes (GF) £11.95 Warm Chorizo, Bacon and New Potato served with a Crusty Roll (GF no roll) £11.95 Goats Cheese, Beetroot and Walnut served with a Crusty Roll (GF no roll) £10.95

# **Omelettes**

All made from Free-Range Godshill Eggs and served with Chunky Chips and Dressed Salad Garnish

Plain Omelette £6.25

Or choose any combination of the following one or two fillings for £7.95:

Mature Cheddar Cheese (GF)
Honey Roasted Ham
Mushroom (GF)
Goats Cheese (GF)

Tomato (GF)
Red Onion (GF)
Brie (GF)
Stilton (GF)

Add a third filling for an extra £1.00

# Sandwiches and Baguettes

All served with Chunky Chips and a Dressed Salad Garnish (Sandwiches served with a choice of White or Brown Bread)

Mature Cheddar (V)	Sandwich £5.45	Baguette £6.25
Honey Roasted Ham	Sandwich £5.95	Baguette £6.95
Mature Cheddar and Honey Roasted Ham	Sandwich £6.45	Baguette £7.25
Fish Finger	Sandwich £6.45	Baguette £7.95
Prawn Marie Rose	Sandwich £6.75	Baguette £7.95
Isle of Wight Crab (when available)	Sandwich £7.45	Baguette £8.95

# Ploughman's

All served with Dressed Salad, Pickles, and Crusty Rolls

Mixed Cheese (Mature Cheddar, Stilton and Brie) (V) £9.95 Honey Roasted Ham £9.95 Honey Roasted Ham and Mature Cheddar Cheese £9.95 Goats Cheese and Red Onion Chutney (V) £9.95

# Children's Menu

Homemade Chicken Curry (Mild) (GF without Naan) £5.95
Served on a bed of Rice with a choice of Naan Bread or Poppadom

All of the below are £5.45 and served with a choice of Chips, New Potatoes or Mashed Potatoes and Peas or Baked Beans

Isle of Wight 4oz Burger
Jumbo Sausage
Scampi
Battered 100% Chicken Nuggets
Breaded Fish Fingers
Beef Lasagne
Macaroni Cheese (V)
Cheese and Tomato Pizza (V)
Ham and Pineapple Pizza

### New Forest Ice Creams and Sorbet

Choice one scoop in a bowl (£1.25), one scoop in a cone (£1.50), two scoops (£2.25) or three scoops (£3.25) in a bowl

Vanilla

White Chocolate and Brownie

Blackcurrant Sorbet (GF)

Blackcurrant Sorbet (GF)

Blackcurrant Sorbet (GF)

Blackcurrant Sorbet (GF)

Or why not try one of our homemade Ice Cream Sundaes.....

#### Brownie and White Chocolate Sundae £4.95

2 scoops of White Chocolate and Brownie Ice Cream, 1 scoop of New Forest Chocolate Ice Cream topped with fresh Cream, Chocolate Sauce and Wafers

#### Berry and Apple Crumble Sundae £4.95

2 scoops of New Forest Apple and Berry Crumble Ice Cream, 1 scoop of Blackcurrant Sorbet topped with Fresh Cream, and Wafers

### **Homemade Desserts**

### <u>Please also see our Dessert Special Board for more</u> Homemade Desserts

#### Homemade Fruit Crumble (see Special Board for Filling) £5.25

Served with a choice of Cream, New Forest Vanilla Ice Cream or Custard

#### Homemade Pineapple Upside Down Pudding £5.25

Served with a choice of Cream, New Forest Vanilla Ice Cream or Custard

#### Homemade Eton Mess (GF without Shortbread) £5.25

Crushed Meringue with Fresh Strawberries and Whipped Cream, served with homemade Shortbread

#### Homemade Mississippi Mud Pie £5.25

Served with choice of Cream or New Forest Vanilla Ice Cream

#### Homemade Fruit Posset (see Special Board for Variety) £5.25

Served with homemade Shortbread (GF without Shortbread)

#### Cheese and Biscuits £8.25

Choose from 3 wedges of either Mature Cheddar, Stilton, Brie or Goat Cheese (mix and match)

Served with Crackers and Chutney

### **Hot Drinks**

Cadburys Hot Chocolate £2.00

Selection of Teas (please ask at the bar) £1.80

#### Lavazza Coffee

(Decaf Coffee Available)

Americano £2.00 Espresso £2.00

Latte £2.30 Double Espresso £2.50

Cappuccino £2.30 Mocha £2.30