



## GLUTEN FREE MENU

### Jacket Potatoes

Butter £2.95

Cheese £3.20

Coleslaw £3.00

Tuna £4.20

All served with Side Salad

### Salads

Ham £3.95

Cheese & Pickle £4.20

Tuna Mayo £4.40

Prawn with Marie Rose Sauce £4.95

All Salads served with GF bread & butter

### Ploughman's Lunch

2 Cheeses, Salad, Coleslaw, Apples & Grapes

Served with GF bread & butter £5.95

### Sandwiches

Cheese £2.95

Egg & Cress £2.45

Ham £3.20

Salad £2.40

Salmon & Cucumber £3.95

Tuna Mayo £3.20

All sandwiches served with garnish

### Hot Filled Sandwiches

Bacon £3.20

Egg & Bacon £3.60

### Toasted Sandwiches

Cheese Toastie with onion or tomato £3.25

Ham & Pineapple Toastie £3.40

Toasties served with Side Salad & Coleslaw

### Hot Toast Snacks

Beans on Toast £2.95

Cheese on Toast £2.95

Scrambled Egg on Toast £2.95

### Sweets & Cakes

Chocolate Fudge Cake £3.20

Carrot Cake £3.20

With Cream £3.40

### Beverages

Pot of Tea per person £1.30

Speciality Teas £1.60

Cup of ground coffee with cream £1.60

Milk £1.20

Can of Coke £1.00

Dwr Cerist Natural Mineral Water (still) £1.10