

sandysbarandbistro.co.uk



SAMPLE MENU - Gluten Free Dishes at Sandy's Bar & Bistro

Starters (Sample Menu)

Asparagus & Halloumi Salad
Simple Houmous with Gluten Free Crusty Bread
Tomato & Basil Soup with Gluten Free Crusty Bread

Mains (Sample Menu)

Spiced Salmon with Beetroot, Feta and Wild Rice
Poached Chicken
Sweet Potato & White Bean Chilli

Sweets (Sample Menu)

Alabama Chocolate Fudge Cake
Pineapple & Ginger Pavlova
Lemon Drizzle Cake

Sunday Lunch served 11.45 - 3pm

Choice of 3 Meats every week including
Gluten Free Yorkshire Puds with Welsh Beef and Rich,
Gluten Free Beef Gravy

We are committed to catering for all allergies and endeavour to produce exciting, tasty dishes for all our customers

Gluten Free options are always available and our Main Menus can always be adapted to suit all diner's needs