

Local Suppliers and Producers

menu designed by www.creativedesigner.co.uk

Supplier/Producer	Description	Address	Contact
1. THE COFFEE FACTORY	Half a litre of luscious lattes served in a retro milk bottle! (Pf available for an extra £1.00).	Bideford, Devon	01237 442222
2. WE HAVE A RANGE OF FLAVOURS - ALL YOUR USUAL SUSPECTS AND THEN SOME! PLEASE ASK!			
3. MARCHWOOD SWEATERS	Locally pressed, 100% pure juice.	Marswood, Devon	01392 820000
4. ALLINGTON HILL JUICES	8 miles away in Devon, really focused coffee & tea.	Allington, Devon	01392 820000
5. BABOO GELATO	Blueberry & raspberry with apple juice.	Bideford, Devon	01237 442222
6. MILESTEIN MERCHANTS	Nanaberri Banana & strawberry with apple juice.	Sandwich, Devon	01395 260000
7. ARTHUR'S KITCHEN	TYPICALLY TROPICAL Pineapple, mango & papaya, with apple juice.	Stowford, Devon	01395 260000
8. HONEYBUNS	Typically Tropical Pineapple, mango & papaya, with apple juice.	Bideford, Devon	01237 442222
9. BRIDGET'S MARKET	Apple juice as it should be.	Bideford, Devon	01237 442222
10. BLACKMORE VALE	LISCOMBER DRINKS Darjeeling Lemonade, Ginger Beer or Windflower Bubble Tea.	Bideford, Devon	01237 442222
11. LUSCOMBERS DRINKS	YAML SPRING WATER Star & Spanker available.	Bideford, Devon	01237 442222
12. BLACKACHE FARM	YAML SPRING WATER San Pellegrino - ask for selection.	Bideford, Devon	01237 442222
13. YAML SPRING WATER	YAML SPRING WATER San Pellegrino - ask for selection.	Bideford, Devon	01237 442222
14. BURTT CRISPS	Current concoctions and guest artisan tipples.	Bideford, Devon	01237 442222
15. R/T PARRY (James)	London English Steakhouse.	Bideford, Devon	01237 442222
16. CHESSIE SMOKEY	Specialist Butcher.	Bideford, Devon	01237 442222
17. COWTON BUTCHERS	Cowton, Devon, Aroma Sauvage & Bacon.	Bideford, Devon	01237 442222
18. BALSON'S OF BRIDPORT	Local Family Butchers.	Bridport, Dorset	01302 862222
19. GYLE SSP	Traditional, Sour & Local Cider.	Bridport, Dorset	01302 862222
20. THE LYME REGIS BREWERY	Lyme Regis, Ale & Beer.	Bridport, Dorset	01302 862222
21. ORCHARD PIG	Somerset, Artisan Ciders.	Bridport, Dorset	01302 862222
22. CAIN'S FARM	Cheddar, Feta & Veg.	Bridport, Dorset	01302 862222
23. DAVEY'S LOCKER	Bridport, Fresh Fish.	Bridport, Dorset	01302 862222
24. LOWNTONS	Cold-Cut, Chutney & Tea.	Bridport, Dorset	01302 862222
25. HANGERS DAIRY	Local Milk, Fresh Salads, Soups & More.	Bridport, Dorset	01302 862222
26. LIBERTY ORCHARDS	Dorset, Animal & Vegetarian.	Bridport, Dorset	01302 862222
27. OLYMPIA FOODS	Heston Blumenthal's Olympia Foods.	Bridport, Dorset	01302 862222
28. PALMERS BREWERY	Plymouth, Devon, European Lager.	Bridport, Dorset	01302 862222
29. NORMAN & SONS	Bridport, Dorset, Poultry.	Bridport, Dorset	01302 862222
30. HENRY & JOES	Bath, Somerset.	Bridport, Dorset	01302 862222
31. RAWLES BUTCHERS	Bridport, Dorset, Meats & Poultry.	Bridport, Dorset	01302 862222
32. THE COFFEE FACTORY	London English Steakhouse.	Bridport, Dorset	01302 862222
33. A'S SUPPLIES	Butcher, Deli, Cleaning Supplies.	Bridport, Dorset	01302 862222
34. LONGMANS	Veterinary Services.	Bridport, Dorset	01302 862222
35. COASTLINE CREATIVE	Lydney, Gloucestershire.	Bridport, Dorset	01302 862222

ICE CREAM SHAKES

PER BOTTLE
£3.50

WE HAVE A RANGE OF FLAVOURS
- ALL YOUR USUAL SUSPECTS AND
THEN SOME! PLEASE ASK!

Smoothies

PER GLASS
£3.50

Healthy Juicy cold smoothies packed full of fruit!
BERRY BLAST Blueberry & raspberry with apple juice.
NANABERRY Banana & strawberry with apple juice.

MAILED & PLUM JUICE Marwood, Devon.
ALLINGTON HILL JUICES Bridport, Dorset. Locally Squashed Apples.

CHARMOON SMOOTHIES Charmouth, Dorset. Local Smoothies.
BABOO GELATO Swanage, Dorset. Gelato & Sorbet.

MILESTEIN MERCHANTS Milestone, Dorset. Local Tea.

ORCHARD PIG Somerton, Somerset. Artisan Ciders.

CAIN'S FARM Cheddar, Feta & Veg.

DAVEY'S LOCKER Bridport, Fresh Fish.

LOWNTONS Cold-Cut, Chutney & Tea.

PALMERS BREWERY Bridport, Dorset. Wine.

HANGERS DAIRY Bridport, Dorset. Local Milk.

LIBERTY ORCHARDS Bridport, Animal & Vegetarian.

OLYMPIA FOODS Heston Blumenthal's Olympia Foods.

PALMERS BREWERY Plymouth, Devon, European Lager.



THE REGULARS:
BREAKFAST TEA A perfect pick-me-up!
AROMA HOUSE BLEND A blend of our black tea favourites - a refined cuppa served with a twist of lemon.

LYME BAY FOG (W) Wave captured in a wisp of the Coble on a still misty morning in a cap! Served with a twist of lemon juice.

BLACK

EARL GREY If we need delicately scented with the oil of Bergamot.

DECAFFEINATED Decaffeinated English Breakfast Tea.

LAPSANG SOUCHONG Strong cup with a smoky pine character.

ASSAM A strong cup with a malty flavour.

DARJEELING The shrubbery of the tea world.

LIGHT & REFRESHING With a subtle muscatel flavour.

KEEMUN A delicate nutty flavoured tea.

CEYLON A light & flavours filled cup... just round the corner.

GREEN and WHITE

YIN ZHEN WHITE TEA A delicate cup with a delicate flavour

and low caffeine.

JAPANESE GREEN TEA A light and refreshing blend with rice & popcorn. Aids digestion.

GUNPOWDER GREEN TEA Sweetened with a slightly smoky flavour.

CHUN MEE translates to 'precious eyebrow', so there you go.

HERBAL and FRUIT

CAMOMILE A beautifully sweet and delicate floral infusion.

RHODODENDRON A refreshing yet flowersome tea with high levels of antioxidants, low levels of tannins and no caffeine.

PEPPERMINT Naturally caffeine free.

JASMINE A fresh floral scented infusion.

ROOIBOS A refreshing yet flowersome tea with high levels of antioxidants, low levels of tannins and no caffeine.

ROOIBOS & 'MR JOHNSTONIC'® slices of fresh ginger and lemon in hot water with honey.

BERRY BOUTIQUE Bursting with summer & autumn berries, dairy, soft fruits and honey around.

CHOC & CHAI

PER MUG
£2.75

PER POT
£1.70

PER BOTTLE
£2.80

PER POT
£2.50

PER BOTTLE
£2.95

PER BOTTLE
£0.60

Coffee

PER MUG
£2.75

PER POT
£2.70

PER BOTTLE
£2.80

**PLEASE ORDER
AT THE COUNTER**

Thank you

**Join in the conversation:
follow us on Facebook and Twitter**

Dairy free milks available!

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Lunch	Gluten free bread available <small>(gf) (df) (v)</small>
SANDWICHES, TOASTIES & PANINIS	
Served with a rainbow seed salad & fresh herb oil, or Burtt's Sea Salt crisps on the side.	
BREADS Hand sliced Charnouth Baked white or granary bread <small>v (gf) (df) (v) (df) (gf) (Panini) add 50p</small>	£5.95
WEST COUNTRY CHEESE OF THE MONTH & CHUTNEY <small>v / gf / df</small>	
HOMEMADE HUMMUS with shredded carrots & cucumber sandwich/slow roasted tomato (panini). <small>v (gf) (df) (v)</small>	£6.25
ARTICHOKE HEART & OLIVE TAPENADE WITH SLOW ROASTED TOMATO <small>v / gf / df / v</small>	£6.25
SOMERSET BRIE & APPLE <small>v / gf / df / v add bacon £1</small>	£6.25
HOME COOKED HAM & WHOLEGRAN MUSTARD <small>gf / df</small>	£6.50
MOZZARELLA SLOW ROASTED TOMATOES & PURPLE BASIL JAM <small>v / gf</small>	£6.50
GOAT'S CHEESE & RED ONION MARMALADE <small>v / gf / df</small>	£6.50
BACON LETTUCE, TOMATO & GUACAMOLE <small>v / gf / df</small>	£6.75
TUNA IN A LEMON, PARSLEY & PARSLEY MAYO <small>gf / df / v</small>	£6.75
HOME COOKED HAM & CHEDDAR <small>v / gf / df</small>	£6.75
CHICKEN, CHILLI JAM, TOMATO & MAYO <small>gf / df</small>	£6.75
CHICKEN, GUacamole, MOZZARELLA & CHILLI JAM <small>gf / df</small>	£6.95
KEY	
gf Gluten Free df Dairy Free (no milk products) v Vegan ve Vegetarian	
Eat Free Only when available Can be made - please ask for alternative options	
OPENING HOURS Lasts four offerings are suitable for gluten free, dairy free, vegetarian and vegan diets. If they are not within a little bit of contention (i.e. starting your dietary requirements upon ordering will help us advise you on this area. All our tasty food is really made in our little kitchen, with local produce where possible, and of course oodles of love.	
SNACKS and EXTRAS	£3.50
RAINBOW SEED SALAD BOWL WITH FRESH HERB <small>v / gf / v / gf / df</small>	£1.00
BERT'S SEA SALT CRISPS <small>v / gf / v / gf / df / v</small>	£3.00
HUMMUS & VEG STICKS <small>v / gf / v / gf / df</small>	

Please see the boards for today's tasty creations

We have a variety of coffee houses and kitchens we make our hummus, jams, chutneys, marmalades and chutneys from scratch and sell them and cheeses are cut daily and fresh baked, the smoothie and cream shakes... Swap the tea leaves into the pots. Marinade the olives. Carefully slice the bread. Create the picnics, the salads, the special dips. Make the chocolate bars over the coffee. Set the scrambled eggs to perfection. Gently melt the chocolate in your hand to make sure there is enough on offer for everyone, whatever you'd like. And that's just the tip of the iceberg! We have loads of can over lots of little details so if you've got any questions please let us know. We want you to feel the love however you roll, please let us know. We want you to love us smiling.



ALL DAY Brunch	
All served with a rainbow seed salad & fresh herb oil. served all day every day!	
BAGELS	£6.95
open toasted bagel loaded with one of these: smørrebrød toppings: hummus & oven roasted tomato <small>v / gf / df / v</small> cream cheese & tomato <small>v / gf / df / v</small> add locally smoked streaky bacon.	
MACKEREL PATE <small>v / gf / df</small>	£1.00
Aroma's own 'award winning' chesty smoked mackerel pâté with boats and cornichons.	
WALNUT CHIPPEA & ROASTED GARLIC PÂTÉ <small>v / gf / df</small>	£7.95
Homemade veg pâté served with slow roasted tomatoes and boats.	
HOME CURED AROMA GRAVADLAX SALAD <small>v / gf / df / v / gf / df</small>	£7.95
served with rainbow seed salad, Charnouth bread and chutney.	
VEGAN PLATTER <small>v / gf / df / v / gf / df</small>	£7.95
selection of four vegan delights served with rainbow seed salad and boiled potato.	
DORSET CHEESE ON TOAST	£7.95
local cheddar melted on two slices of local baked or Genius Gluten free bread, with optional wholegrain mustard. <small>v / gf / df / v / gf / df</small> add locally smoked streaky bacon.	
OPENING HOURS	
lasts four offerings are suitable for gluten free, dairy free, vegetarian and vegan diets. If they are not within a little bit of contention (i.e. starting your dietary requirements upon ordering will help us advise you on this area. All our tasty food is really made in our little kitchen, with local produce where possible, and of course oodles of love.	
KEY	
gf Gluten Free df Dairy Free (no milk products) v Vegan ve Vegetarian	

Breakfast	
Served until... noon every day	
AROMATIC BREAKFAST <small>v / gf / df / v</small>	£8.75
local smoked bacon, Aroma's own sausage, free range scrambled eggs, baked beans, grilled vine tomatoes & mushrooms on toast. add a bottomless pot of breakfast tea, take away the egg & cheese and make it vegan.	
VEGGIE BREAKFAST <small>v / gf / df / v</small>	£8.25
free range scrambled eggs, griddled mushrooms, halloumi & vine tomatoes in toast, baked beans & potato and feather roast.	
BACON BUTTY <small>v / gf / df / v / gf / df</small>	£0.50
local smoked bacon in a thick sliced buttered bread with your choice of sauce.	
SAUSAGE CIABATTA <small>v / gf / df / v / gf / df</small>	£0.50
Aroma's own sausages with whole grain mustard or red onion marmalade.	
FREE RANGE EGGS <small>v / gf / df / v</small>	£2.50
scrambled, on two slices of buttered toast or a bagel, add smoked streaky bacon.	
TOAST <small>v / gf / df / v / gf / df</small>	£1.00
two slices of butter & homemade jam, marmalade, homemade marmite or nutella, add some cinnamon butter magic, add baked beans.	
BREAKFAST SMOOTHIE <small>v / gf / df / v / gf / df</small>	£3.20
gentle blend of banana, oats, milk & honey, swap cow's milk for soy milk.	
PORRIDGE <small>v / gf / df / v / gf / df</small>	£3.00
served simply with honey and seeds, add sliced banana.	
swap cow's milk for soy milk.	
PITTA PLATTERS <small>v / gf / df / v / gf / df</small>	£0.50
pitta bread sliced ready to go with a pot of our hummus, chilli jam, rainbow seed salad & fresh herb oil, and a choice of either:	
FALAFEL <small>v / gf / df / v / gf / df</small>	£0.50
grilled halloumi <small>v / gf / df</small>	

THE SOUP KITCHEN

£4.95

See the Soup Kitchen board for what's on today and please speak to our lovely staff if you have any dietary requirements!

PLEASE ORDER AT THE COUNTER THANK YOU!

aromacafe.co.uk

Wi-Fi

Ask us about our outside and event catering