Anytime Menu Gluten Free Options

Starters

Frogs Legs
Garlic & Chilli Prawns (please ask for gluten free bread)
Sicilian Seafood Stew (please ask for gluten free bread)
Potted Rabbit (please ask for gluten free bread)
Chicken Wings
Goats Cheese Salad
Smoked Salmon Bruschetta (please ask for gluten free bread)
Cured Meats Bruschetta (please ask for gluten free bread)
Mushroom, Black Pepper & Stilton Bruschetta (please ask for gluten free bread)
Cherry Tomato & Basil Bruschetta (please ask for gluten free bread)
Nachos

Mains

Moroccan Warm Chicken Salad
Grilled Sea Bass Fillets
Pork Fillet
Sirloin Steak
Rump Steak
Ultimate Chicken Fillet (please ask for gluten free bread)
Bacon & Cheese Chicken Fillet (please ask for gluten free bread)
Seafood Pasta (please ask for gluten free pasta)
Goat Cheese, Beetroot & Pine Nut Pasta (please ask for gluten free pasta)
Chicken & Chorizo Pasta (please ask for gluten free pasta)
Roasted Supreme Of Chicken
Lamb Stifado
Slow Roasted Belly Pork
Sweet Potato Tagine

There are also usually some further options on our chef's specials.

Please note that our chips are gluten free but are cooked in the same oil as products containing gluten. This is not usually a problem for most people. However, chips can always be swapped for new potatoes, roasted new potatoes, mashed potato
or side salad.

Desserts

Fruit Skewers
Italian Rice Donuts
Ice Cream

Daytime Menu Gluten Free Options
Available Monday-Saturday 12-6pm

Smoked Salmon Bruschetta (please ask for gluten free bread)
Cured Meats Bruschetta (please ask for gluten free bread)
Mushroom, Black Pepper & Stilton Bruschetta (please ask for gluten free bread)
Cherry Tomato & Basil Bruschetta (please ask for gluten free bread)

Sicilian Seafood Stew (please ask for gluten free bread)
Chicken & Basil Pasta (please ask for gluten free pasta)
Roasted Vegetable Pasta (please ask for gluten free pasta)
Gammon Steak

Ultimate Chicken Fillet (please ask for gluten free bread)
Bacon & Cheese Chicken Fillet (please ask for gluten free bread)
Spicy Chicken Fillet (please ask for gluten free bread)
Plain Chicken Fillet (please ask for gluten free bread)

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