



Foodilic Menu

Buffet Menu – Eat as Much As You Like for £6.95



Salads:

- **Rainbow Salad**

- With Beetroot, Carrots, Pumpkin, fresh turmeric, Tahini dressing, garlic, sweet corn, black pepper, olive oil

V, Veg, GF

- **Baby Spinach Salad**

- with Button Mushrooms Tossed with baby Spinach, Green Peas, Sesame Seeds, Sprouts, walnut oil and lemon juice

V, Veg, GF

- **Puy Lentils Salad**

- Lentils, Red peppers, Sprouts, Parsley, spring onion, coriander, cumin powder, salt, pepper and oil.

VEG, V, GF

- **Green Beans**

- with Mange Tout, Walnut oil, Walnuts & Orange Zest Dressing

VEG, V, GF

- **Roasted Vegetables**

- with Peppers, Aubergine, Courgettes, Rosemary, Rosemary, Olive Oil and Garlic

VEG, V, Gf

- **Sweet Potatoes**

- with Spring onion, Chilli, balsamic glaze

VEG, V

- **Giant Cous Cous**

- Giant Cous Cous, Mint, Cherry Tomato, Sweet corn, Lemon Juice, Honey, Olive oil, Salt, Pepper

VEG, V

- **Cabbage Salad**

- Red Cabbage, White Cabbage, Carrots, Salt, Black Pepper, Olive oil, vinegar and lentil sprouts.

VEG, GF, V

- **Tomato Salad**

- with red onion, cucumber, peppers, olives, coriander, vinegar, feta cheese, olive oil and salt

VEG, GF, V

- **Rocket Salad**

- Rocket, Spinach, Sesame Seeds, Avocado, Beetroot, Cheery vinegar, Honey, Feta and olive oil

VEG, GF, V



Hot Dishes:

- **Caribbean Chicken Drumsticks**
 - With celery, peppers, tomato, basil and Caribbean spicesGF
- **Beef Goulash**
 - with potatoes, mushrooms, tomato and onionsGF
- **Vegetarian Moussaka**
 - with potatoes, courgettes, aubergine, carrots, tomatoes, béchamel sauce & cheddar cheeseVeg
- **Mashed Potato**
 - with Leek, milk and saltGf
- **Vegetable Soup**
 - (Vegan, Dairy Free, Gluten Free)
- **Rice**

V, Veg, GF



- *Puddings:*

£3.50 per piece

- *Banoffee Pie*
- *Sea Salt Caramel*
- *Brownies*
- *Black Forest*
- *Baklava*
- *Vanilla Cheesecake*
- *Triple chocolate cake*
- *Giant Meringues*
- *Gluten free Almond and Orange cake*

Raw Cakes:

£5.00 per piece

- *Mango cheesecake*
- *Caramel cake*
- *Strawberry cake*
- *Chocolate*
- *Brownies with grilled almonds*
- *Carrot cake*
- *Lemon cheesecake*
- *Mix Berries tart*

(Dairy Free, Gluten Free, Sugar Free)

- Fairtrade Coffee and Tea

- Espresso £1.50
- Macchiato £1.50
- Flat White £1.60
- Cappuccino £1.90
- Latte £1.90
- Mocha £1.90
- Hot Chocolate £2.20
- Chai Latte £2.50
- Iced Coffee £3.50
- Herbal Teas £1.50
- English Tea £1.50
- Earl Grey Tea £1.50

- Fresh Juices £3.50

- Orange
- Apple Mix 3 Fruits
- Carrot
- Melon
- Grapefruit
- Cucumber
- Beetroot

- Smoothies £3.50

- Berry Berry
- Honey Lemon
- Melon Melody

- Milkshake £3.50

- Coconut
- Banana
- Strawberry
- Chocolate
- Vanilla

VEG- Vegetarian

GF - Gluten Free

V - Vegan

