

Leaf + Bean

Lunch + Light Bites

Sandwich (Gluten Free Bread Available) £4.75 / Toastie £5.25

Choose from the following fillings (all GF):

Ham & Cheese

Cheese & Red Onion Slices or Caramelized Red Onion

Ham or Chicken & Homemade Coleslaw

Chorizo, Chicken & Caramelized Red Onion

Tuna, Homemade Basil Pesto & Cheese

Hummus, Sundried Tomatoes & Salad Leaves (v)

Falafel, Caramelized Onion & Tomato (v)

Chicken, Homemade Basil Pesto and Tomato

Egg Mayonnaise & Cucumber (v)

Smoked Salmon, Cream Cheese & Cucumber

Goats Cheese, Homemade Basil Pesto & Sundried Tomatoes (v)

Classic BLT Two slices of our finest bacon with a layer of crisp lettuce and tomato on white or brown bread **£5.95** (Sandwich only)

Soup Of The Now

(always free from gluten!)

Served with bread **£4.75**

or why not try with a half sandwich instead? Choose from any of the above fillings! **£5.75 (BLT + 50p)**