



**All items available Gluten Free  
Assorted Home Made Cakes &  
Biscuits (G/F & D/F choices)**

Varies daily, priced individually  
(Please see allergen information displayed )

**Scones:**

Cheese 2.10  
Fruit 2.10

**Gluten Free Scones:**

Fruit 2.10

*We take card payments inc Apple Pay*

*All items can be taken out, box provided*

**Go on, have a picnic by the sea!**



***The Old Bakehouse Tearoom  
in Sew in Stitches***

High Street, Aberlady, East Lothian  
EH32 0RB  
01875 870 405

**[www.sewinstitches.co.uk](http://www.sewinstitches.co.uk)**

**OPEN: Mon, Tues, Fri, Sat,  
10 - 4.30pm**

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<b>Coffees:</b>	Reg	Lge
Cappuccino	2.40	2.60
Caffe Latte	2.40	2.60
Flat White	2.40	2.60
Americano	2.00	2.20
Espresso	1.50	2.00
Mocha	2.60	2.80

*Decaff and Soya Milk available*

<b>Teas:</b>		
Breakfast Tea -		1.70
• Peppermint		1.80
• Earl Grey		1.80
• Blue Lady		1.80
• Turkish Apple		1.60
• Jasmine		1.80
• Green Tea		1.80

### **Hot Chocolate**

Hot Chocolate	2.30
Hot Chocolate + Marshmallows	2.40
with marshmallows and cream	2.60
Childs Hot Chocolate (in cup)	2.00

### **Soft Drinks:**

Sparkling Water, Still Water	1.25
7 Up, 7Up Free, Coke Zero, Coke	1.20
Milk (glass)	.80
Diluting Juice, Apple Juice	.50

### **Light Lunches**

<b>Soup of the day, Roll &amp; butter</b>	3.50
<b>Soup<sup>(G/F)</sup> &amp; Cheese Scone<sup>(not G/F)</sup></b>	5.10
<b>Extra Roll with butter</b>	.50
<b>Bacon Roll (brown or white roll)</b>	2.60
<i>(G/F in Panini Roll)</i>	
<b>Baked Potato with salad</b> <i>(see fillings)</i>	5.50
<i>Served between 12noon-2pm</i>	
<b>Sandwich Platter served with Salad and Kettle Crisps</b>	5.00
<b>Fillings:</b>	
Tuna Mayonnaise	
Cheese & Pickle	
Brie & Cranberry	
<b>Sandwiches only (Take away)</b>	3.50
<i>(G/F in Panini Roll)</i>	