

# Gluten Free Menu

## Starters .....

### Soup of the Day £4.95

Homemade Soup served with a Gluten Free Roll

### Classic Prawn Cocktail £6.95

Prawns on a Crispy bed of leaf with Marie Rose Sauce made with Gluten Free Mayo & Tomato Sauce served with Gluten Free Bread Roll

### (V) Creamy Garlic Mushrooms £5.95

Creamy Sautéed Button Mushrooms Topped with Mature Cheddar Cheese served with Gluten Free Bread

### Pate and Gluten Free Melba Toast £5.95

Smooth Chicken Liver Pate with a Caramelised Red Onion Chutney & Melba Toast

### (V) Baked Camembert £7.95

Warm Camembert Served with Caramelised Red Onion Chutney and Gluten Free Roll to Dip

## Main's .....

### Traditional Sunday Roast (Sundays only)

Pork Tender Loin £10.95 HP £6.95 Topside of Beef £10.95 HP £6.95 Leg of Lamb £12.95 HP £8.95  
Served with Roast Potatoes, New Potatoes, Fresh Vegetables, Gluten Free Yorkshire Pudding & Gluten Free Pan Gravy

### Curry of the Day £11.95 HP £7.95 (vegetarian option available)

Tenderised meat with aromatic spices served with Boiled Rice & Minted Yoghurt

### Gluten Free Battered Cod & Chips £11.95 HP £7.95

Cod Battered with Homemade Corn flour Batter served with Hand Cut Chips, Garden Pea's & Homemade Tartar Sauce

### Gammon Steak £12.95

12oz Horseshoe Steak Served with Egg, Pineapple, Hand Cut Chips & Garden Peas

### Chicken Supreme with a Wild Mushroom Sauce £13.95

Succulent Chicken Breast Oven Roasted Topped with Wild Mushrooms in a Garlic Cream Sauce served with a Choice of Potato & Fresh Vegetables

### Pork Loin with Peppercorn Sauce £12.95 HP £8.95

Pan Fried Pork Loin with a Creamy Peppercorn Sauce served with Choice of Potato & Fresh Vegetables

### Chicken & Mushroom Tagliatelle £12.95 HP £8.95

(vegetarian option also available)

Strips of Tender Chicken Breast & Mushrooms with a Creamy White Wine Sauce served on a Bed of Gluten Free Tagliatelle served with Side Salad

### Beef Stroganoff £13.95 HP £9.95

Tender Strips of Beef Steak cooked with Onions & Mushrooms with a Creamy Stroganoff Sauce served with Boiled Rice

### (V) Wild Mushroom & Leek Risotto £11.95 HP £7.95 (Add Chicken £3 Supplement)

Arborio Rice mixed with an array of Fresh Wild Mushrooms & Leeks with Garlic, White Wine & Cream

### Cod & Cauliflower Mornay £12.95 HP £8.95

Chunks of Cod & Cauliflower oven baked in a Creamy Cheese Sauce Topped with Gluten Free Bread Crumbs served with Parsley Butter New potatoes & Seasonal Fresh Vegetables

HP = Half portion for anyone with a smaller appetite

# Gluten Free Menu

## Lighter Snacks

Served Till 5pm

### Hot Roast Roll & Chips £8.95

Served with a jug of Gluten Free Pan Gravy

Pork & Apple Sauce

Beef & Horseradish

### Gluten Free Toasted Bagel ....

Bacon Brie & Cranberry £6.95

Steak Cheese & Onion £7.95

Tuna & Cheese Melt £5.95

ADD Chips or Fries £2

### Wraps .....

Chicken Salad £6.95

(V) Halloumi Red Pepper & Tomato £6.95

Prawns Marie Rose & Salad £7.95

ADD Chips or Fries £2

### Gluten Free Sandwich

Mature Cheese £4.95

Topside of Beef £5.95

Tuna Mayo £5.95

Red pepper, Tomato & Hummus £5.95

ADD Chips or Fries £2

## Steaks, Sizzlers & Burgers

### Sirloin/Ribeye Steak £17.95

8oz National Parks Steak cooked to your liking served with Hand Cut Chips, Mushroom, Pan Fried Cherry Tomato's & Garden Peas

Add a Home-Made Sauce £2.25

Diane - Peppercorn - Blue Cheese

Garlic Cream - Chasseur

### Sycamore Sizzler

Spicy Mix of Herbs with Peppers & Onions served on a Sizzling Cast Iron Plate Served with Gluten Free Tortillas, Sour Cream, Salsa, Cheddar Cheese, Guacamole & Salad

Steak - £17.95 Chicken £14.95 (V) Halloumi £13.95

### Sycamore Burger £10.95

Homemade Burger made with British Minced Steak mixed with Onions & Herbs Served on a Gluten Free Bun with Hand Cut Chips, Salad & Coleslaw

### Chicken Burger £10.95

(Spice it up with Cajun)

Butterflied Chicken Breast on a Gluten free Bun with Coleslaw, Salad & Hand Cut Chips

Add a Topping to your Burger £1.50 each

Bacon - Cheddar - Stilton - Jalapeno's - Fried Egg

## Nibbles & Sides .....

Chips £3 Fries £3

Smokey Skins £3

Cheese & Onion Skins £4

Cheese & Bacon Skins £4.50

Gluten Free Bread Oils & Olives £4

Mixed Salad £3

Homemade Hummus & Crudities £3

Grilled Halloumi & Sweet Chill Dip £4

Whitebait with Tartar Sauce £4

## Gluten Free Desserts

Chocolate Brownie & Ice Cream £5.25

Treacle Sponge Pudding £5.25

Marshmallow Puff £5.95

Crumble of the Day £5.25

GF Chocolate Sundae £5.95

Crème Brule with GF Short Bread £5.95

Luxury Ice Cream £1.50 a scoop

Vanilla - Toffee - Chocolate - Strawberry -

Mint Choc Chip - Raspberry Ripple

Our Meals are prepared fresh to order so you may incur a wait however this gives us the ability to adjust most dishes to suit any dietary requirements & ensure we serve top quality meals using locally sourced produce.

All Gluten free food is prepared using separate utensils, Chopping boards, Fryers & cooking equipment to ensure no contamination, if you have any questions please ask a member of staff.

HP = Half portion for anyone with a smaller appetite