

# Gluten Free Breakfast, Mains & Desserts!

## Breakfast

English Breakfast  
(3 Bacon, beans, tomatoes, 2 fried eggs & 2 hash browns)

## Mains

Beef, Lamb, Turkey, Chicken, Braised Steak or Liver & Onions Roast Dinner  
(With gluten free gravy but no yorkshire pudding)

Gammon

Steamed Haddock

Cheese, Leek, Onion and Potato Bake

Smothered Bbq Chicken

Mediterranean Chicken

Any salad from the main menu - (no sweet pickle)

(eg. Ham, Beef, Turkey etc)

Jacket Potato - choice of fillings

Chicken & Leek Bake

Chilli Con Carne or Vegetarian Chilli

Shepherds Pie

Haddock & Prawn Mornay

Special Main Courses at the time (please ask)

## Desserts

Special Icecream - no wafers

Trifle - no sponge

Knickerbocker Glory

Homemade Gluten Free Sponge -Treacle, Lemon or Jam

Special Desserts at the time (please ask)