



cafe olz

**GLUTEN FREE OPTIONS**

*Daily freshly prepared gluten free soup.*

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*Our Veg Frittata changes daily served with side salad and our own balsamic dressing.*

*Daily Vegetarian Salads to eat in or to go.*

*We can prepare 'GF' Toasties or Sandwiches  
using local orkney cheddar, ham,  
coronation chicken, philly cheese, roasted red peppers etc*

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*We have at least four GF Sweet Treats*

*including a brownie, blondie, caramel krispi cake and a bounty slice.*