

NEW COELIAC MENU

Breakfast ~ we use Coeliac rolls & bread

Bacon, egg, mushrooms, tomatoes
Beans on toast
Scrambled eggs on toast
Poached eggs on toast
Kippers & roll
Toast with jam & marmalade

Light snacks

Homemade soup of the day & roll.
Homemade Scones with Jam, butter with or without cream.
Toasted Loaf with butter & jam.

Jacket potatoes served with side salad ~

Tuna mayo with or without mozzarella
Cole slaw
Cheese
Beans
Chilli con carnie

Sandwiches made with coeliac bread or roll all ~

Ham
Beef
Turkey
Tuna mayo
Cheese savoury
Prawn
Toasted if you wish

Salads served with a Coeliac roll ~

Turkey
Prawn
Ham
Cheese
Beef
Portion of chips
Portion of spirals

Sunday Lunch

Sunday lunch also available including Yorkshire pudding and gravy.

Main Meals ~

Special ploughman's served with a coeliac roll.
Lasagne served with side salad and garlic bread.
Chilli Con Carnie with side salad and garlic bread.
African stew served with jacket potato & veg.
Rump steak with vegetables & chips.
Broccoli Bake with Side Salad.
Penang Curry~ Aromatic coconut sauce with cauliflower, green beans, mango tout & pepper served with salad and Garlic bread.
Mackerel & side salad.

Desserts ~

Fresh fruit salad.
Ice cream.
Hot sponge pudding.
Banana long boat.
Selection of cakes.