

Lizzy Lee's

Rock Café & Music Store Menu - January 2022

Gluten Free, Vegan Burgers

Delicious vegan, gluten free quarter pounder in either a plain

White or seeded gluten free, vegan burger bun with one of the following filling combinations: **£7.00**

Lettuce, tomato, pickled gherkins, smoked cheese, mayonnaise & tomato ketchup

Hummus, sweet peppers & olives

Vegan cream cheese, garlic mushrooms & baby leaf spinach

Vegan smoked cheese & garlic mushrooms

Snacks & Sides

Chips £1.75

Cheesy chips £2.25

Crisps £0.90

Fresh Fruit £0.35

**See specials board for
more options**

Gluten Free, Vegan Paninis & Rolls - Choose from a panini, seeded roll or plain white roll - all baked in Wales!

	Panini	Bread Roll
Hummus & sweet peppers	£4.00	£2.50
Smoked vegan cheese & red onion	£4.00	£2.50
Vegan cream cheese, garlic mushrooms & baby spinach	£4.25	£2.75
Vegan Halloumi with sweet peppers & chilli jam	£4.25	£2.75
Vegan Tuna mayonnaise with smoked vegan cheese	£4.75	£3.00
Add jalapeno chilli slices if you dare	£0.30	£0.30

Gluten Free, Vegan Toast

2 slices of gluten free, vegan toast choose from the following toppings:

Butter	£1.50
Jam	£1.70
Marmalade	£1.70
Peanut butter	£1.80
Chocolate spread	£1.80
Peanut butter & banana	£2.00
Chocolate spread & banana	£2.00
Cream cheese	£2.00
Hummus	£2.00

Sweet treats & cakes

Carrot Cake	£2.50
Dark Chocolate Brownie	£2.30
Flap Jack	£2.00
Toasted tea cake with vegan butter	£1.95
Vegan Ice Cream scoop	£0.75
Vegan Sorbet scoop	£0.75
Funky Fruit per 100g	£0.75

All food and drink served on the premises is 100% gluten free!

The music shop upstairs is open until 3.00pm why not have a look while you wait for your order?

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