

$\bigcirc$	ive	Free
	coffee house	bar & bistro
10am - 4pm		

#### Breakfast served until 12pm

OT Breakfast	10.95
z bacon, sausage, hash brown, beans, tomato ,egg	
& white or malted toast	
Veggie breakfast V	10.95
halloumi, veggie sausage, hash brown,	beans ,egg,
tomato & white or maited toast	
Vegan breakfast Ve	10.95
avocado, vegan sausage, hash brown, beans, tomato	
mushroom, hummus & white or malte	d
Scrambled eggs V	8.95
with roasted tomato on white or malte	d toast
add smoked salmon -	4-95
Sharing / Sides	
Marinated Olives Ve Ng	4-95
Bread & Oils Ve	6.95
Bread, Hummus & Tzatziki V	7-95
Chips Ve Ng	3.75
Cheesy Chips V Ng	4-50
Parmesan Truffle Fries V Ng	5.75
Garlic Bread V	4.25

# Garlic Bread V Cheesy Garlic Bread V 4.95

### Tacos

Please see specials board for todays tacos

1 taco - 6.25 2 taco - 12.95 3 taco- 17.95

## Small Plates

Sindiri laces	
Soup of the Day please see specials board, served with warm sourdough roll	6.75
Gambas Nd lang prawns sauteed in cold pressed rapeseed oil, chill & garlic with 'sourdough	9.25
Grilled Mackerel Fillet Nd served on toasted sourdough with aioli & rocket	10.95
Calamari Ng served with sweet chill sauce	8.25
Wild Mushrooms on Toast V served on sourdough with a poached egg & beurre blanc	9.95
Sweet Potato & Chickpea Falafals Ve Ng served with toasted sunflower seeds & hummus	7-95
Baked Truffle Cornish Brie V served with roasted garlic, honey & sourdough roll	9-95
Large Plates	
King Prawn Linguine served with skeet chilli, garlic & rocket	16.95
Linguine Bolognese served with rocket & parmesan	13-95
Mac & Cheese V in a homemade cheese sauce with chives add ham for 2.00	13.95
Butchers Sausages & Peas Ng served with chips or mash & gravy	14.95
Fish & Chips Ng Nd sustainably caught white fish, chips, peas & tartar sauce	14.95
Vegan "Fish" & Chips Ve Ng Nd banana blossom in seaweed batter, with chips, peas and ta	14-95 rtar sau

## **Ploughmans Lunch**

pickled onion, gherkins, chutney, side salad, coleslaw & sourdough

choose two for - 12.95 choose three for 15.95 smoked salmon Ng | Corrish farmhouse ham Ng Corrish brie Ng | Davidstow cheddar Ng Devon blue Ng | sweet potato & chickpea falafels Ng Ve

## Sandwiches white or malted served with salad garnish & coleslaw

Bacon, Lettuce & Tomato	9.75
Royal Greenland Prawn Nd with mane rose sauce & gem lettuce	10.95
Hummus & Roasted Vegetable Ve	8.95
Croque Monsieur toosted ham and cheese sandwich with becham	10.95 Nel sauce

Mushroom Croque V 10.95 toasted mushroom and cheese sandwich with bechamel sauce Salad

Superfood Salad Ve Ng Nd 12.95 quinoa, broccoli, red cabbage, Chinese leaf, edamame beans, roasted cashew & sunflower seeds with a tahini dressing

Extra Salad Toppings 3-95 Gniled Mackerel Ng | Cajun Spiced Chicken Ng Gniled Goats Cheese Ng | Sweet Potato & Chickpea Falafels Ng Ve

# **Burgers & Fries**

choice of - electric bakery bun no giuten roll
extra salad bunless

burgers come with fries & side salad – upgrade to parmy truffle fries 2.00

Exmoor National Park Beef Burger	Nd	14.45
with tomato & onion relish		

15.95

13.95

BBQ Pulled Jackfruit Burger Ve with coleslaw

Extra Burger Toppings - 2.00 Jalapenos Ve Ng Flat mushroom Ve Ng Devon blue Ng Dry cured bacon Ng Davidstow cheddar Ng Cornish brie Ng

## Kids

	Fish & Chips with peas Ng Nd	8.95
	Mac & Cheese V	8.95
	Sausage & Chips Ng	8.95
	Burger & Chips	8.95
-	Pasta Bolognese	8.95

ALLERGIES if you have an allergy please let us know During busy times there can be a WAIT for food & drinks

Anything that comes with bread can have that substituted for a NG roll, meaning all sandwiches, burgers,

breakfasts, soups etc are also available on request for Coeliacs